



Two civilian retirees inducted into SWL Gallery

by Raini Wright
LRDispatch Staff

Together they have more than 79 years of experience that has led Little Rock District through many challenging situations. During the Engineer Day Celebration on June 20, they were recognized for their invaluable contributions to the Army Corps of Engineers.

David Burrough and Ben Harshaw were inducted into Little Rock District's Gallery of Distinguished Employees, which is the highest honor given to retired civilian employees.

Throughout almost four decades, Burrough was the district's primary congressional liaison and contact with local sponsors. He also helped establish project management in SWL.

In 1959, Burrough began his career with the district at the Comptroller's Office. From there, he moved to the Planning Division and worked as an economist on Arkansas River navigation projects.

He became chief of Planning in 1971, and in 1989, he became the first deputy district engineer for project management. Prior to this promotion, the position was undefined.

Burrough was instrumental in developing and molding the position for the Corps. Deputy District Engineer is now the senior civilian job in the district.

As the senior civilian in the district, "Burrough was a significant leader," Jack Woolfolk, a retired chief of Engineering, said. "He was always professional, considerate and knowledgeable."

From the late 1960's until his retirement in 1997, Burrough worked on some of the major construction civil works projects such as Fourche Creek Flood Reduction Project, McClellan-Kerr Arkansas River Navigation System and Montgomery Point Lock and Dam. During this time Burrough also worked on sev-

(See "Gallery" on page 12.)



David Virden

David Burrough was one of the two inductees into Little Rock District's Gallery of Distinguished Employees during Engineer Day ceremonies on June 20.

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District loses employee, friend

by Dorothy Seals
LRDispatch Staff

Just last year, Little Rock District employees were welcoming Judy Barker into the fold, but now they are saying good-bye to a friend.



Barker

Barker, an industrial hygienist in Safety and Occupational Health Office, was found dead in her home on the evening of May 28.

Peggy Paulsen, chief of Safety Office, said that working in her position has somewhat condi-

tioned her for dealing with death, but news of Barker's death was difficult for her to handle.

"Working in this position, when I think of death, I think of writing reports about accidents of contractors or of visitors to our projects," Paulsen said. "I just have more trouble handling it when it happens so close. Working here, these people become family. In fact, you spend more time with these people than with family members at home."

This was especially true for Barker, who relocated from the Tulsa District last July. Her entire Arkansas family consisted of Paulsen, other co-workers and church members. Her two daughters, two

(See "Barker" on page 3.)

Birthdays are time to reflect on achievements

Birthdays, birthdays, birthdays! What's up with all the celebrations? The Army was established June 14, 1775. The Corps of Engineers and Artillery was established June 16, 1775. America declared its independence from England July 4, 1776. (On personal notes, June 17, 19xx my wife was born, and on June 27 we celebrated our 22nd anniversary). I will mark my second year in Little Rock on July 14.

Okay, so what? Why should I care (besides of course, I love to have cake and punch)?

We celebrate birthdays and anniversaries to mark milestones, to look back at accomplishments and to look forward to the future. They are opportunities to pat ourselves on the back in recognition of the things we have done well. They are a chance to rededicate ourselves to correcting past mistakes, and to focus our energies on the right things for our future.

Our Army and our Corps have long, proud histories. They are both older than our country. They have fought and won our nation's wars and have been vital in helping preserving our nation and our way of life. Many soldiers have made the ultimate sacrifice, but their loss was our gain. We now have a nation without equal in the world. From Bunker Hill to Baghdad, the Army has an extensive and inspiring heritage.

Likewise, the Corps of Engineers has a lengthy and impressive 228-year legacy. In addition to military missions such as breastworks at Bunker Hill, or breaching obstacles at Omaha Beach, we have a civil mission. In the 1800s, the Corps of Engineers cleared snags from rivers for safe waterborne transportation and surveyed much of the nation.

Later, we became involved in providing flood control and hydropower. Locks, dams and revetments and other structures to aid navigation have provided our nation with economical transportation alternatives. Our focus on the environment in recent years has greatly assisted our nation in conservation of its natural resources.

On Engineer Day, Little Rock District celebrated its accomplishments. We recognized about 100 personnel for their service, dedication and accomplishments. Some were recognized for individual accomplishments, including our two newest members of the Gallery of Distinguished Civilian Employees, David Burrough and Ben Harshaw.

The de Fleury Medal was awarded to Larry McGrew, Mike Miller and Ed Watford. Other awards were team awards for grand accomplishments as a team. We looked back on our last year, and, indeed, we had a great year.

Our nation has persevered for 227 years, becoming the sole

From where I sit

by Col. Benjamin Butler
District Engineer



superpower, economically and militarily. Many different opinions abound as to how we have achieved that standing. Some will say it is due to capitalism. Others credit our form of government. Many believe that, as a God fearing nation that tries to do what is right in His sight, God has blessed us. There is also the theory that we, more than any other nation, are willing to accept others that are different from ourselves and learn from each other.

I believe that all of the above are contributing factors. Today, I think we are well ahead of the rest of the world in taking advantage of diversity. We are a large country with many different roots. We have different heritages and diverse backgrounds.

Some of our families have been here for centuries while others may be first generation Americans. Some come from blue-collar backgrounds while others are from white-collar ancestry. Some grew up as Southerners, others Yankees. Some are from the inner city; some from extreme rural areas. We also come from a variety of religious beliefs.

But together, we are extremely strong. One's strength may offset another's weakness. This kind of variety means that in any given situation, someone is well suited to meet the challenge. We learn from each other and help each other. When we are willing to accept one another, for our strengths and our weaknesses; when we can see past our own shortsighted personal interests and focus on the greater good; when we understand that helping others is really helping ourselves — that is when we move our country and our lives to a higher standard.

As we celebrate our founding and look toward leaving our own legacy, let us remember what we have done so well in the past and dedicate ourselves toward working even closer together to produce a world we will be glad for our children and grandchildren to inherit.

Let us celebrate our many pasts, embrace our diversity, and work toward a future that is full of opportunity, justice and grace for all Americans.

LRDispatch

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Morrow receives Hiram M. Chittenden Award

by Dorothy Seals
LRDispatch Staff

Leah Morrow, a park ranger at Mountain Home Project Office, was the 2003 recipient of the Hiram M.



Morrow

Chittenden Award for Interpretive Excellence for Little Rock District and Southwestern Division.

This award is named after Hiram M.

Chittenden, a former Corps district commander who championed the development

of Lake Washington Ship Canal and Locks in 1910.

It is presented to individuals who have shown exemplary performance in increasing the public's understanding of Corps missions, promoting positive attitudes and encouraging voluntary stewardship of natural, cultural and created resources.

Morrow embodies each of these characteristics according to Tracy Fancher, park manager at Mountain Home.

"In her heart, Leah truly believes in the

interpretive process," Fancher said. "She works hard to make sure her efforts achieve the desired results. Her passion for interpretation is evident to anyone who has ever witnessed one of her programs."

Morrow's passion for interpretation sparked from visiting parks with her family as a child. She said when she saw rangers giving programs she thought it would be "the coolest job in the world."

During college, Morrow joined the Corps' cooperative education program as an interpreter at Mark Twain Lake in St. Louis District, a position which she held for three summers. She also volunteered with the National Park Service at Craters of the Moon Monument.

After earning a degree in Parks, Recreation and Tourism, Morrow accepted a position in the Interpretive Services and Outreach Program at Lake Shelbyville, Ill, and joined the Mountain Home office in 2001.

"I love the area here," Morrow said. "I can honestly say that this is the friendliest and most talented group of folks I have ever worked with. I love the beauty of this area. I'm a big hiker and camper, but

there are more places than I have the time to visit."

Since joining the district, Morrow has successfully restored Mountain Home's interpretive program after a 10-year down period. She got the ball rolling on rehabilitating two park amphitheaters and is working to design a web page for the project office.

Morrow also developed 10 educational programs that she presents to park visitors and local schools. Some of these programs include 'Jumpardy,' a game similar to 'Jeopardy' on the ABC network with questions about frogs and toads, 'Wet n'Wild,' a presentation about wetlands, and 'Winter Wildlife,' a look at plants and animals in the winter time.

"Leah's efforts have contributed greatly in helping the office achieve its goals and missions concerning natural resource management and recreational opportunities," Fancher said.

"Leah has utilized her strong interpersonal skills to communicate the Corps' message to the public in a powerful way. She personifies what interpretation is all about."

Barker

(Continued from Page 1.)

sons and grandchildren all live in the Tulsa area.

Barker began her nine-year Corps career as a student aide in Tulsa District's Safety Office and worked her way up to the GS-11 industrial hygienist position in SWL. Her career included assisting with safety efforts in Oklahoma City after the devastating tornado in 1999 and dewatering at Wilbur D. Mill's Lock and Dam last year.

For her service to the mission in Oklahoma City, she received a Commander's Achievement Medal for Civilian Service from Tulsa District along with praises from her Tulsa supervisor Bob Vandegriff.

"I felt like she became more confident in her knowledge and ability during the Oklahoma City tornado work," Safety Chief Vandegriff said.

"She was still a student aide at the time, but I knew then she would make a good Corps person. She was always friendly and motivated to do the best job she could."

Paulsen said that Barker excelled on each task she was given and enjoyed all of it.

"She loved her job," Paulsen said. "She liked working. She relocated with the idea that she was going to make Little Rock District a better place, and with only her presence, she did."

But, Paulsen added, as much as Barker liked to work, she had

medical conditions that would not let her body keep up with her "soaring spirit."

"She was a butterfly with a broken wing," Paulsen said. "Although ill, she always had hope for a brighter tomorrow. Every time you saw her, she would greet you with a smile. If she was a part of your world, she made it a better place."

Paulsen added that Barker's love of life and hope for a brighter future never extinguished.

"Judy Barker was a sheer joy to know," Paulsen said. "She loved her children. She loved her grandchildren. And I am going to miss her."

The Jacket of Life



It may not be fashionable,
It may not be cute,
But your life is much more
important,
Than any bathing suit.

Wear your life jacket!

McGrew makes big plans for retirement years

by **Jamie Oliver**
LRDispatch Staff

After more than 32 years of service to the federal government, Design Branch chief Larry McGrew does not plan to spend the coming years of his retirement sitting still.



McGrew

He plans to help his daughter and son-in-law with their twins, which were born in early June. He plans to spend more time on Lake Ouachita with his wife Rachael.

And he's even planning to do work around his house or get a part-time job.

McGrew began his career with the district as an environmental engineer in 1974. One of his first on-the-job duties was a float trip.

"One of my first assignments was to work on the Environmental Impact Statement for three lakes we were planning in north central Arkansas," McGrew said. "Two biologists and I spent a week canoeing the three rivers. They collected data for the biological inventory, and I

collected water samples. The scenery was beautiful, and I couldn't believe I was getting paid to go on a float trip."

He was promoted to Chief of Design Branch in July, 2000, an office full of people he is proud to have been affiliated with.

"I'm very proud of the people in Design Branch," McGrew said. "More and more, their work is being used as a benchmark for other Corps districts and even outside organizations. That's the true sign of excellence. Being their chief has been the best job of my career."

In addition to his work at the Corps, McGrew also served his country as an Army officer for three years of active duty and for 19 years in the Army Reserves. His years of service were recognized at June's Engineer Day festivities with a bronze de Fleury medal for outstanding service to the Corps and the Engineer Regiment.

In the award nomination, Tom Clement, chief of architecture and support section, wrote that McGrew helped transform Design Branch into a sought after organization that has been recognized Corpwide for its achievements.

"Little Rock Air Force Base, one of

SWL's frequent customers, nominated the district for the Outstanding Army Military Construction District due in large part to the support provided by Design Branch," Clement wrote.

McGrew said he was "pleasantly surprised" by the nomination for the award.

"There are a few things in my life that I'm proud of, and high on the list are my service as an Army officer and my career as an engineer," McGrew said. "So since the de Fleury medal recognizes both those areas, it means a lot to me."

Although he is happy to be retiring, McGrew said he will miss his "work friends." An admitted introvert, McGrew said he will miss the comfort level that he developed around the people who know him best.

"People at work see almost every side of your character, not just the part that people may see in a social situation," he said. "I'll also miss being around a bunch of very smart, professional, caring people who have sound values and worthwhile common goals."

Most of all, McGrew said he would miss helping make people's lives better.

"I feel sorry for people whose profes-
(See "McGrew" on page 5.)

Hiser is Natural Resources Employee of the Year

by **Dorothy Seals**
LRDispatch Staff

For dedication to the field of resource management and for providing customers with exceptional service and quality recreational opportunities, Jonathan Hiser was named 2003 Natural Resources Management Employee of the Year for both Little Rock District and Southwestern Division.



Hiser

Hiser, a park ranger at Mountain Home Project Office, began his career as a cooperative education student at Toad Suck Ferry in 1985.

From this position, he went on to work for the United States Coast Guard and then joined the Mountain Home team in 1989.

But he said he actually got his start as a ranger at the young age of seven.

"I had an uncle that worked for Michigan State Parks, and I went with my family to visit him fairly often," Hiser said. "I remember occasionally going to work with him and thinking, 'This is what I want to do when I grow up.' I am very fortunate

that I have been able to achieve this goal."

Some of Hiser's most notable accomplishments are the developments of the Trans-Ozark Trail and the Pigeon Creek Trail System.

"One of the Corps' natural resource missions is to manage public land and water to provide compatible outdoor recreation opportunities for present and future generations," Hiser said. "These trails provide such opportunities for recreational activities and also serve as a tourism drawing card."

Mark Milholland, operations manager at Mountain Home, said Hiser is a pleasure to work with and an asset to the district.

"John's passion for his work is evident to all that have the privilege of working with him," Milholland said. "He is loyal to his team, the project office, the Corps and, most of all, the visitors to our parks. He is consistent, dependable and accurate in carrying out his responsibilities."

Hiser described receiving this award as both "flattering and humbling."

"It is nice to know that your peers and co-workers hold in you such high regard," Hiser said. "It also serves as an additional motivator and incentive to accomplish the project's mission to the best of my ability."

Johnson claims Wage Grade Employee of Year

by Raini Wright
LRDispatch Staff

With 37 years of outstanding service to the Little Rock Corps of Engineers, Larry Johnson was presented the Wage Grade Employee of the Year Award.

Johnson has devoted his entire career to the McClellan-Kerr Arkansas River Navigation System. He began his career in 1966 as a surveyor's aid and in 1968 became one of the first lock operators on the system.

After 11 years as a lock repairman, Johnson was promoted to lockmaster in 1982. He now serves as lockmaster for Dardanelle, Ozark-Jeta Taylor and James W. Trimble Lock and Dams.

Johnson has made numerous contributions to the improvement of the navigation system.

In 2002, during the dewatering of

Norrell Lock and Dam, he led the team of repairmen that worked on the sector gears.

"He's not afraid to get his hands dirty," Russellville Project Operations Manager Peggy O'Bryan said. "I have seen him covered in mud from head to toe after working all night to get the miter gates ready for inspection."

Johnson established the activity hazard analysis and maintenance repair procedures to accomplish the job.

In addition, Johnson wrote the lock operator section of the Districts' Student Career's Employment Program, and he organized a training course on repair and maintenance for employees from 17 locks on the system.

He has participated in focus group discussions to better determine the needs of the system's customers and worked to improve communications between lock

operators, power plant operators and the Southwestern Power Administration Dispatch Center.

He has a safety record of no lost time accidents for himself and 15 employees in more than 20 years of service.

"He truly cares about his staff, going the extra mile to make sure they have what they need to get the job done," O'Bryan said.

Johnson retired as a lieutenant colonel from the National Guard after 32 years of service. He has consistently received the highest performance ratings.

"It is an honor and a surprise to receive such an award for just doing your job," Johnson said. "Thanks to all those at Russellville and especially those at the upper locks for their hard work and support throughout the years. You have made my job easy. And thank God for giving me the ability to perform my job."

McGrew

(Continued from Page 4.)

sional success is measured in terms of dollars profit," he said. "Our work is about solving very complicated problems that face society. People live much better lives because of what we do, and I'll miss being a part of that."

Helping change people's lives for the better has become another facet of McGrew's life outside work. After reading a feature story about the director of the Arkansas Prostate Cancer Foundation last fall, and knowing his family's history with the disease, McGrew contacted the organization's director to get more information about becoming involved.

From there, he arranged for a representative from the foundation to speak at the Combined Federal Campaign kickoff party for the district and participated in the foundation's "Cruisin' for a Cure" event.

Last fall, McGrew began working as a volunteer for the foundation with his friend and co-worker Lee Harper, chief of Internal Review Office, and prostate cancer survivor.

"I have known Larry for a number of years as a co-worker and a friend. He is well known in this District for a genial nature, a common sense approach, and best of all, he greets everyone with a warm smile," Harper said. "But when Larry shared his concern and empathy for men who are subject to a silent killer with me, his stock rose tremendously."

McGrew and Harper volunteered to serve on the foundation's planning committee for their annual Prostate Cancer Forum in North Little Rock in May 2003.

"Larry embodies the attributes of an advocate," he said. "There is only one thing that sets him apart from the others. He has never been diagnosed with prostate cancer."

McGrew plans to continue this work by traveling around the

state with the foundation to provide free prostate exams to men who live in medically under-served areas.

"The foundation's recreation vehicle is equipped to test men for prostate cancer," he said. "The free exams it provides may be the first time many men will get tested. It has the potential to save lives."

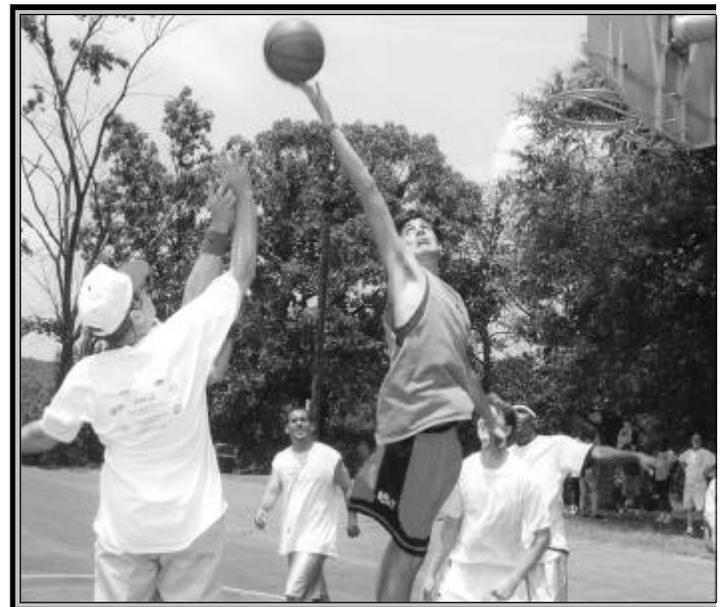
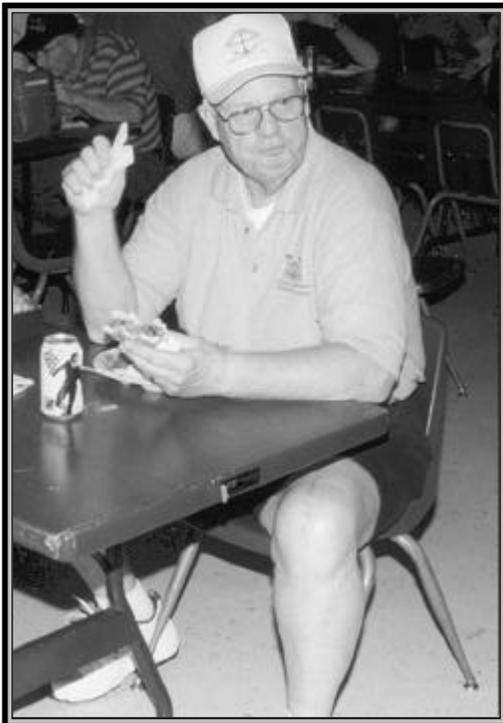
Welcome home



Jamie Oliver

KATV talks with Brinda Jackson, operations maintenance project manager, about her work in the Middle East. Jackson, along with four other district employees, returned June 25 after a deployment in Iraq. For more details, see the August issue.

Engineer Day





(Top Left) Patty Watford serves it up during the sand volleyball tournament. (Bottom Left) Lee Harper enjoys a barbecue sandwich at the picnic. (Center) Jane Smith cools down her son Grant with a snowcone. (Bottom Center) Wesley May attempts to snatch the ball from Col. Butler during the basketball tournament. (Top Right) Melissa Jones's son Jaylin goes sliding down the slip-n-slide. (Above) Employees enjoy conversation and full plates of barbecue. (Left) Carla Cash's daughter Jasmine makes a splash in the kiddy pool.

Photos by David Virden

Sherwood Forest

Three employees presented de Fleury medals

by **Jamie Oliver**
LRDispatch Staff

Little Rock District decorated three individuals with bronze de Fleury medals for their service and commitment to the district, the Corps of Engineers and the Engineer Regiment.

Larry McGrew, Michael Miller and Ed Watford received their medals during Engineer Day festivities June 20.

McGrew serves as chief of Design Branch; Miller is chief of Operations Division and Watford is the district's Deputy Engineer for Program Management.

This prestigious award was named for Lt. Col. Francois Louis Tesseidre de Fleury, a French engineer in command of a battalion in the 1st Regiment of Brig. Gen. Anthony Wayne's Corps of Light Infantry.

He received a silver medal from the Continental Congress for his courage during the battle of Stony Point, N.Y., in 1779. Although he was one of several French engineers to volunteer for service with the Continental Army, de Fleury was the only foreigner so honored during the Revolutionary War.

Formed to emphasize the customs and celebrate the history of the Corps, the Army Regimental System began searching for an award that would combine the values of both the Corps and the Army.

The de Fleury medal has long been understood as the first Congressional medal struck, and is awarded at three levels.

The bronze medal is presented to an individual who has made significant contributions to the Engineer Regiment. Silver

medals are presented to those who have made outstanding contributions to the regiment.

Only one gold de Fleury medal is presented each year. The United States Army Chief of Engineers presents this prestigious award to an individual who exemplifies a strong commitment to national defense during the annual Engineer Regimental Dinner at Fort Leonard Wood each spring.



David Virden

Mike Miller, Larry McGrew and Ed Watford proudly show their de Fleury awards presented to them by Col. Benjamin Butler during the Engineer Day Ceremonies.

Family News

New Faces

Greg Mattson is the new engineer intern in Hydrology and Hydraulics Section.

Justin Gailey and **Dustin Kirkman** are new student rangers at Table Rock Project Office.

James Medina is the new maintenance worker at Table Rock Powerhouse.

Congratulations

LaTisha Sanders was named the Outstanding Graduate with an Associate of Science in Engineering Technology award from the University of Arkansas at Little Rock for the 2002-2003 academic year. This award was based on grade point average, intensity of courses and overall academic performance. Sanders is a student in Real Estate Division.

Chanda Higgins, daughter of **Sandy Higgins**, a civil engineering technician at Montgomery Point Lock and Dam, served as a junior jaycee for the Hugh O'Brian Youth Leadership Conference at the University of Arkansas in Fayetteville on May

29 through June 1. She was selected for completing 130 hours of community service. Sandy also served as an adult counselor at the conference.

Births

Noah Benjamin and Abigail Audrey were born June 12 to Leslie and Scott Perry. Leslie is the daughter of **Larry McGrew**, chief of Design Branch.

Deaths

Louis Alexander, 78, died June 3. He was a retiree from Bull Shoals Project Office Maintenance Branch.

OOPS

**Missed an issue of the LRDispatch?
You can view past editions on our web site
[http://www.swl.usace.
army.mil/thewire](http://www.swl.usace.army.mil/thewire).**

Employees receive awards for jobs well done

Real Estate Professional of the Year: Tammy Jones

Jones contributed many selfless and dedicated hours to provide information to the Internal Review Team and working to develop sound strategies in updating the Project Management Plan. She also assumed the Project Manager role from PPMD and as such, uses exceptional judgment and interpersonal skills daily to fulfill her duties beyond her assigned grade, experience and educational level.

Regulator of the Year: Brent Jasper

Jasper has handled numerous complex high profile projects impacting high quality wetlands and other waters. He is very aware of the responsibilities of a Regulator in protecting the aquatic habitat. His communication skills allow him to explain complicated issues to applicants and callers and he has been instrumental in training all other Project Managers in a usable functional assessment method for assessing wetland impacts and mitigation.

Little Rock District and Southwestern Division Black Engineer of the Year: Alton Warner

Throughout his years of service with the Corps, he has demonstrated the highest levels of professionalism and dedication to customer service. He provides expertise, diligence and perseverance in assisting to reduce the number and extent of contract modifications. He sets an example for the junior members members of the Corps by earning his professional engineers licence and mentoring junior employees.

Project Delivery Team of the Year, Critical Project Security Program Team: Lee Beverly, Steve Hartung, Laura Cameron, Tuan Dang, Joe Maresh, Dushan Mrdja, Alton Warner, Graham Johnson, Dea Knight, Kinney Bryant, Billy Qualls

The team was responsible for developing, designing and implementing needed security upgrades at our locks, dams and powerhouses. Thanks to their efforts, our program has been a great success and the Little Rock District is now known as one of the Corps' leaders in the security program.

Commander's Safety Award, Water Safety Team: Ty Fowler, Melanie Gracey, Mike Richards, Joe Harper, Sylvester Jackson, Allison Smedley, Jennifer Hoban, Alan Bland, Chris Smith

This team's mission is to educate the public and minimize the number of boating and swimming accidents and fatalities. The team continues to be proactive through its successful water safety initiatives such as hosting Millwood Tri-Lakes' first-ever Water Safety Symposium and helping develop other creative approaches to reach both experienced and inexperienced recreation customers to Corps projects.

Outstanding Planning Team Award, Greers Ferry Lake Shoreline Management Plan Environmental Impact Statement: Tricia Anslow, Ralph Allen, Shirley Bruce, Mike Dowell, Bob Faletti, Win Hargis, Jack Johnson, Dana Needham-Kirby, Tommy Park, Anthony Ragar, Chris Roark, Benny Rorie and PJ Spaul

Under considerable scrutiny from the public, the team completed the Shoreline Management Plan review and EIS in less than 24 months. Members also developed numerous alternatives and addressed over 5,000 comments on the Draft Report to complete a very comprehensive final EIS and SIMP. The project will serve as a case study for EIS in the district for years to come.

Collateral Duty Safety POC Award: Frankie Johnson

Johnson is the safety point of contact for all special projects done by either Millwood or a combination of the staffs at Pine Bluff, Russellville or district office. Over the last year, he organized and monitored the safety programs on such projects as the installation of new grease seal in gearboxes at Millwood spillway and helping with the construction of the Cottonshed board walk. All of this work was completed without an accident.

Planning Excellence Award: Christopher G. Davies

Davies is the district archeologist and is

solely responsible for the Cultural Resource Management of the district's completed projects. By recommending small changes that not only saved time, but money, he limited the controversies on our projects and went a long way to build the reputation of the district.

Civilian of the Year: Chester Shaw

In over 40 years of service, Shaw has demonstrated an exceptionally high level of achievement, loyalty and has distinguished himself numerous times. His work on the McClellan-Kerr Arkansas River Navigation System has gained him the respect of all who work on the system. As Operations Manager at Pine Bluff, he oversees the daily operation and maintenance of six locks and dams, 125 miles of navigation channel and 15 recreation areas. He just returned home June 25 after serving with the Fest A team in Iraq.

Woman of the Year: Marilyn Jones

Jones has achieved the highest overall standards of excellence as an employee through her contributions to the overall mission of the Corps. She has worked tirelessly to improve the image of the Table Rock Project Office, the Corps and women. Her positive, professional image demonstrates a high degree of leadership, resulting in numerous awards over her years of service. Jones challenges her co-workers to excel by raising the bar of excellence.

Little Rock District EEO Award: Mark Moore

Through his hard work and dedication, Moore has championed the EEO program within Real Estate Division and improved the morale within the district. He has provided Real Estate employees the opportunity to take extensive training within the district, and has provided equal opportunity for minorities, women and individuals with disabilities by a fair and equitable review process. His reputation is impeccable when it comes to fairness and the lengths he will go to ensure everyone is treated equally.

Team building materials added to TRC shelves

Guidance on Workers' Compensation

"The Federal Compensation 2002 Desk Book" (K 850.E5.F43 2002) addresses the Federal Employees' Compensation Act, which provides payment of compensation to all federal employees. FECA covers both traumatic injuries and occupational diseases sustained while performing job duties. The book includes sections on legal issues and best practices as well as appendices of useful forms.

Revised Arkansas Highway Specifications

"Standard Specifications for Highway Construction - 2003" (TH180.A74 2003) celebrates 50 years of the formation of the current system for the Department of Transportation and the 90th anniversary of the department. All aspects of highway construction are covered, including protection of water quality and wetlands. The work supersedes the 1996 version.

Additional Reference Material

The 2003 version of the ever popular "World Almanac and Book of Facts" (Ref AY67.W7 2003) is now on the Reference shelf. The volume includes special sections such as 2002 in Perspective, which covers national and international events, obituaries and a chronology for the year. The work also contains a new section



called Quick Quiz Questions as well as statistical profiles of people over 60 years old and essays on the aging population.

Diving Videos for the Field

Two news videos on diving hazards have been sent to Russellville Project Office. "Hazards of Diving in Delta P" (VM 981.H39 2001), approximately 16 minutes, discusses and presents animated depictions of actual circumstances where commercial divers have become entrapped under conditions of differential pressure.

"Hazards of Underwater Burning" (VM 965.H39 2001), approximately 11 minutes, addresses the dangers of underwater burning and the absolute necessity to ensure that produced hydrogen gasses are properly vented away from the burn site.

New Materials on Mentoring and Team Building

"Instant Icebreakers" (HM 134.C475

1997) contains 50 beginning activities for group interaction and high-impact learning. The volume contains step-by-step instructions, worksheets, variations for many settings and ideas for specific applications.

"Your Team Playbook; 52 Skills-Building Activities" (HD 66.Y68 2002) offers a diverse collection of activities that vary in time from 10 to 30 minutes in length. Activities are divided into the areas of coworker relations, communication, problem solving, creativity and motivation. Each one includes an objective, team type, materials, team size, time required, instruction and post-activity discussion.

"Monday Morning Leadership" (HD57.7.C677 2002) presents lessons for leadership through a series of eight mentoring sessions. Although guidance is dispensed through stories about a manager and his mentor, the work applies to employees also.

Hot Web Site of the Month

http://web8.si.edu/nmah/htdocs/ssb-old/2_home/fs2.html

Star-Spangled Banner

Excel offers three methods for adjusting headings

Spreadsheets are difficult to read and awkward to navigate when the column headings are wider than what is contained in the cells below them. Excel offers three methods for correcting this without changing the contents.

Rotate Text

This method can reduce the width of a column heading to as little as one character. To use this method, select the heading, right-click on the selection and choose *Format Cells*. From there, choose the *Alignment* tab on the pop-up menu. Select the *Text* pane under *Orientation* and click *OK*.

The text will rotate 180 degrees. To rotate the text on a different angle, move the arrows up or down in the *Degree* box, or click and drag the text indicator line to the desired rotation on the dial.

Wrap Text

This method wraps the heading text to fit the width of the cell. To use this method, adjust the heading columns to the desired

width and select the column. Right-click on the selection and choose *Format Cells*. Choose the *Alignment* tab on the pop-up menu and click on the *Wrap Text* box under *Text Control*. Then click *OK*.

Another simple alternative to this method is to press [Alt][Enter] to place an invisible line break at the point where you want the text to wrap.

For example, to display "PMBP Training Course Number" on two lines within a cell, enter "PMBP Training[Alt][Enter]Course Number."

Shrink to Fit

This method automatically adjusts the label's font size so it will fit within its cell's designated width. To shrink-to-fit, follow the first two steps for text wrapping above, but in place of Step 3, select the *Shrink To Fit* check box.



Kathy Brewer
Customer Assistance & Applications Section

PPEP curriculum includes independent study

Almost all PPEP activities are team oriented: projects, exercises, activities, training and much more. But another portion of the program known as 'independent study' involves you hitting the books on your own.

For this requirement, you spend 100 to 140 hours of your own time, depending on the availability of formal training, reading books, listening to audiotapes, viewing videotapes and completing correspondence courses.

I know that sounds like a lot of work, but so far I have completed 124 hours and enjoyed most of it.

Most of my independent study time has been spent reading. So far I have read 13 books dealing primarily with management, leadership and self-development. These are not subjects I would normally select for casual reading, but the suggested reading list includes interesting books, not just textbooks.

My favorites so far are "Leading with the Heart," by Mike Krzyzewski and "High Five," by Janet Evanovich. My husband Harry even tolerated "The Winner Within," and "The One Minute Manager," two audiotapes I listened to while traveling.

The only video that I have watched was "We Were Soldiers," a recommendation of Colonel Butler's. It was a very interesting movie, and I am not just saying that because the boss recom-

mended watching it.

Almost all of the items on the suggested reading list can be found in the district's Technical Resource Center, so locating materials is not a problem. Also, many correspondence courses can be completed online. Government employees can find courses at <http://www.golearn.gov>. Others can be ordered through the mail.

Besides these methods, study hours can be earned through qualified church events and community service or other special projects. I have earned six hours this way.

When I was selected for PPEP03, I realized that I would have to give up some of my free time in order to complete the independent study requirement. But I do think the hours I have put in has been time well spent.

Even after the program is over, I plan to continue with my personal and professional development including independent study.



PPEP 2003
High Performance
Leadership
by Gena Fielder

ABC's help keep employees safe, injury free

Safety is more than following laws and regulations or safety and health requirements manuals. It is also important to follow the Safety ABC's.

'A' stands for attitude. Attitude is the way we perceive things, a mindset, and the way we approach situations. When it comes to safety, attitude is almost everything. A safe attitude means staying alert and focused on the job, taking safety regulations and procedures seriously, not horsing around on the job and, probably the most difficult, not letting emotions such as anger or frustration get in the way of job performance.

'B' stands for behavior, the way we react to different situations. This too is an important part of being and staying safe. Following guidelines, refusing to take shortcuts, using personal protective equipment and asking when you need help are all examples of safe behaviors. But safe behavior also means helping friends and sharing the importance of personal safety with coworkers and family members.

'C' is for control. Control is making sound decisions and taking responsibility for your actions. This can include keeping your environment safe from potential hazards by practicing good housekeeping habits, such as keeping machines and



hand tools in good repair, cleaning up spills and debris, cleaning your office work area and making sure the isles are free from tripping hazards. Store common

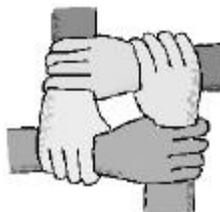
cleaning chemicals purchased from the local store. If you use a temporary container label the container. At work, report immediately to the first line supervisor faulty equipment, lack of ventilation or any potential health or safety hazards.

On or off the job, attitude, behavior and control are the most important aspects for keeping yourself, teammates and family members injury free. It is up to you to set the safety example for others no matter the task you choose. Don't forget your safety ABC's!

Diversity Day

"Dress in Your Heritage"

July 30, 2003



Learn more about your co-workers and their heritage

Booths and Live Performances in the
D.E. Conference Room (Room 7208)

Gallery

(Continued from Page 1.)

eral military projects, and under his leadership, Little Rock District became the top designer for several military projects.

Throughout his career Burrough has received numerous awards, including: Civilian of the Year, Federal Women's Program and Meritorious Civil Service Award. Senator Dale Bumpers and Congressman John Paul Hammerschmidt also awarded Burrough personal accolades for his work.

"I am honored and humbled to receive this award," Burrough said. "It is due to the great actions of district employees present and past that I received this."

Prior to his career in Little Rock, Ben Harshaw served two years in the Civilian Conservation Corps. He was a mentor and role model to other young men as they worked to build fences and checked for erosion damage. He spent over three years in the Army during World War II working as a tech sergeant in the heavy equipment battalion.

Harshaw retired in 1993 after 40 years of federal service. With the exception of a four-month period in General Services Administration, Harshaw's entire career was spent with the Corps.

Harshaw begin his career with Little Rock District as an Auto Equipment Serviceman in the Plant Branch Operations Division. Several years later, he was transferred to the General Services Administration and then to the Data Processing Center as a peripheral computer equipment operator.

He spent the remainder of his career in this organization as a computer operator for the Information Management Office. As a computer operator, Harshaw helped to successfully implement the Corps of Engineers Information Management System. He

supported other customers by running programs from card decks, creating plots from files on tape, and retrieving output from remote systems.

"Ben was very dedicated and loyal," Holly Hartung, chief of Information, Integration and Implementation Branch, said.

"Throughout the 22 years that I have known him, he was always willing to do extra tasks and work hours to accomplish a task. He would spend time in the evenings reading manuals to learn more about the systems we were operating."

Harshaw was a pioneer in race relations, counseling minority students and employees. He was one of the first EEO counselors in Little Rock District.

"I deeply appreciate receiving such an award," Harshaw said. "It really means a lot to be honored by my peers."

Tell us what you think

Editor's note: The LRDispatch staff welcomes your opinions. Letters must be signed. If you choose to have your name withheld from publication, we will honor your request.

Comments and Family News submissions must be received by June 15 for publication in the next issue. Send your comments to valerie.d.buckingham

@usace.army.mil or mail them to Public Affairs Office at P.O. Box 867, Little Rock, AR 72203-0867.

We reserve the right to refuse publication of any letter that is deemed libelous.

Remember to keep the criticism constructive and the questions coming.

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